

Health Checkup Items

Health checkup items		Health checkup when hired	Comprehensive health checkup (≥ 35 years old)	Health checkup required by law (≥ 35 years old)	< 35 years old
Physical measurement	Height	○	○	○	○
	Weight	○	○	○	○
	Obesity level		○		
	BMI	○	○	○	○
	Waist circumference	○	○	○	○
Physiological measurement	Blood pressure measurement	○	○	○	○
	Electrocardiogram	○	○	○	○
	Heart rate		○		
	Fundus		○		
	Intraocular pressure		○		
	Visual acuity	○	○	○	○
	Hearing acuity	○	○	○	○
	Respiratory function		Optional		
X-ray	Chest X-ray (or chest CT)	○	○	○	○
	Upper GI X-ray (or gastroscopy)		○	○ (≥ 40 years old)	
Ultrasound	Abdominal ultrasound		○		
			○		
Biochemistry	Total protein		○		
	Albumin		○		
	Creatinine		○		
	eGFR		○		
	Uric acid		○		
	Total cholesterol		○		
	HDL cholesterol	○	○	○	○
	LDL cholesterol	○	○	○	○
	Non-HDL cholesterol		○		
	Triglyceride	○	○	○	○
	Total bilirubin		○		
	GOT (ALT)	○	○	○	○
	GPT (AST)	○	○	○	○
	γ-GTP	○	○	○	○
	ALP		○		
Blood sugar (fasting)	○	○	○	○	
HbA1c	○	○	○	○	
Hematology	RBC	○	○	○	○
	WBC		○		
	Hemoglobin	○	○	○	○
	Hematocrit		○		
	MCV, MCH, MCHC		○		
	Platelet		○		
Serology	CRP		○		
	Blood type (ABO/Rh)		May be omitted		
	HBs antigen		May be omitted		
Other	General urinalysis/sediment	Protein/sugar	○	Protein/sugar	Protein/sugar
	Fecal occult blood		○		
Medical interview, explanation of results			○		
Examination by internal medicine doctor		○	○	○	○
Standard questionnaire		≥ 40 years old	≥ 40 years old	≥ 40 years old	